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Practicum / Internship Application

Thank you again for your interest in Core Psychotherapy. To get to know you better, I have posed five questions; I look forward to your responses.

The goal of this application is to gauge how you might think about a problem. In one sense it strives to assess intellectual capacity, degree of therapeutic insight, self-awareness, and ability to represent oneself. Overall, however, the goal is to ascertain not necessarily what you already know, but your capacity and interest to learn more.

As a supervisor, I feel I am fairly good at helping to shape a question that one brings to supervision. I also sometimes find opportunities to introduce a general teaching principle. However, I want to be forthright about the fact that I do not have a set curriculum to impart. How much a supervisee learns and what they learn is determined by the quality of the questions they bring to supervision.

To orient yourself within the field of psychoanalytic psychotherapy, I recommend reading *Freud & Beyond* by Stephen Mitchell. Also, anything by Stephen Mitchell.

A variety of other great resources on psychoanalytically-oriented psychotherapy can also be found on our website: <https://www.core-psychotherapy.com/resourcesbytopic#psychoanalytic>

Five Questions

(1) General Interest [Suggested length: 1 paragraph to 1 page]

Why are you interested in psychoanalytic psychotherapy? Or what interests you about psychoanalytic psychotherapy?

(2) Particular Interest [1 page maximum]

Choose a particular case (real or role-play) that you found interesting, challenging or indicative of your style or thought process. Provide a summary of the work you have done with that case that gives me a window into your thinking. You may also choose to provide a 5-10 minute videotape or audiotape of the case, but it is not required.

(3) Self-Awareness [1/2 page maximum]

(a) What is your strongest asset at this point as a therapist?

(b) Address one or more of the following questions: What issues do you predict you will experience during a practicum or internship? What do you anticipate wanting help negotiating? What concerns are you already aware of wanting guidance about? What thoughts do you have about what you will want to learn?

(4) Vision Statement: What do you envision for your career? [3/4 page maximum]
(Write in the past tense as though you have already met your goals.)

(5) Self-Representation

Write a first draft of your online biography and Therapist Statement. Please see my website and other therapist bios to roughly match the style. (This will evolve and change over time, but I need to see that you are able to write something for the website.)

*** Please copy and paste the questions as headings to each of your answers.**

*** Please include a Resume, and Two (2) Letters of Recommendation with your application.**